



## Walking the Cinque Terre (self-guided). Nights in a 3 star hotel

7 days/ 6 nights

The Cinque Terre, the five villages... Linked together by fantastic walking paths, these breathtaking villages are full of history and magic. With amazing hills to produce the rare Cinque Terre wine, wonderful local olive oil, beautiful forests where wild mushrooms are picked during the autumn, you will, without a doubt, enjoy the local gastronomy. The bustling little ports offer a wonderful location in which to relax, as do the old centres and narrow streets of the five villages.

Our carefully selected walking itineraries have been made so that everybody can make the best out of the Cinque Terre. We are able to propose you easy family walking tours as well as sportive trekking paths.

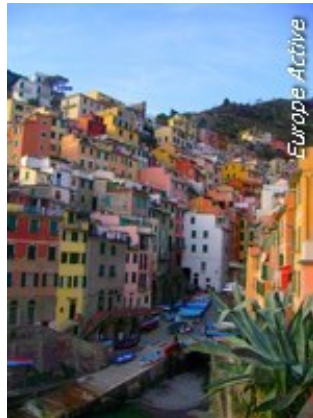
### YOUR PROGRAM

#### Day 1 - Arrival in the Cinque Terre

Arrival in the Cinque Terre. Enjoy your time discovering the beautiful village of Riomaggiore where you will spend your holiday.

Its narrow streets often lead to fantastic views out to sea or towards the vineyards. Spend time unwinding and soaking up the local atmosphere.

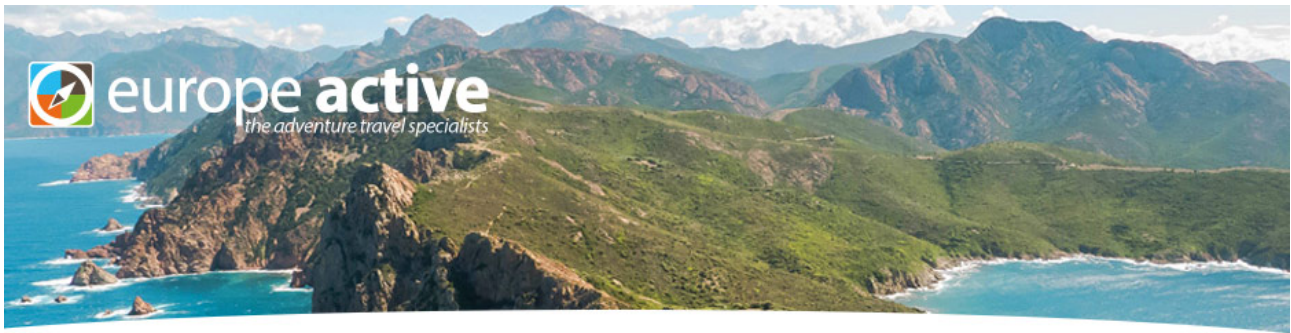
At the top of the village of Riomaggiore, your hotel is well situated: You can benefit from being in the heart of the Cinque Terre itself and yet at the end of the day you can retreat to the top of the village for the peace and quiet of your hotel.



#### Day 2 - From Porto Venere to Riomaggiore

We suggest you take a boat to Porto Venere (also accessible by train and bus) and enjoy the journey. Porto Venere is a beautiful and lively village with an impressive fortress, which faces out to sea towards some islands. It is possible to rent a boat to visit these islands and even walk on some of them. You will today walk on the hills' crests and above the cliffs. This is a wonderful hiking itinerary to get a feeling for what the Cinque Terre is all about.

About 4H45. +600m, -600m.



### **Day 3 - From Riomaggiore to Vernazza**

Following a climb over Riomaggiore, you will walk among vineyards before reaching a dense forest. One aim of the day will be a lonely menhir on the mountainside before taking the path down to Vernazza, one of the prettiest villages in the Cinque Terre. About 4H30. +750m, -750m.



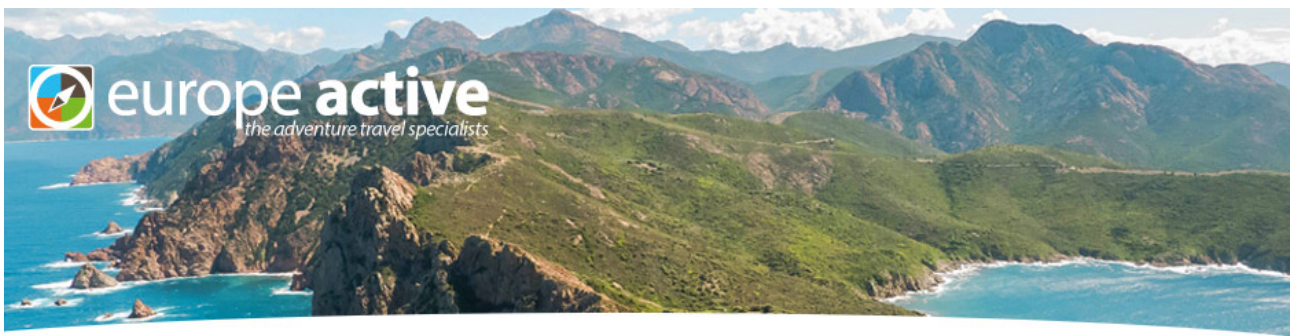
### **Day 4 - From Vernazza to Riomaggiore**

A wonderful walk with splendid views over Vernazza and its towers before climbing up to the beautiful church of San Bernadino. After leaving the shaded pine forest you will follow a narrow path overlooking the sea, among vineyards. The panorama is simply breathtaking. From Volastra, you will walk downhill through olive groves to Manarola. From there, you will continue on the easy Via del Amore to get back to Riomaggiore. About 4H30. +700m, -700m.



### **Day 5 - Chapels and churches path**

Today you will start your hike in Monterosso. After leaving the beautiful beach behind you, the steep climb leads you to the first chapel. This itinerary offers amazing views over Monterosso and Vernazza. The churches you will see are always set in



fantastic locations overlooking the hills. A beautiful loop with stunning scenery.  
About 4H50. +670m, -670m.



#### **Day 6 - From Monterosso to Levanto**

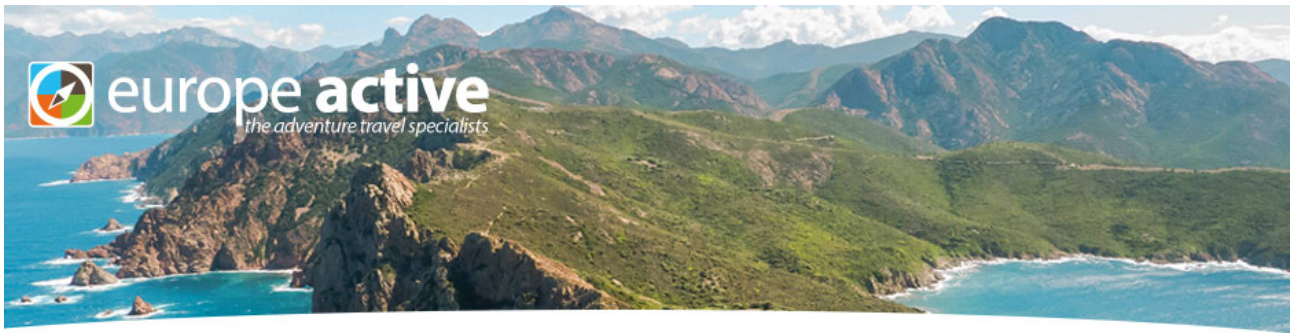
To end your walking week, we felt we had to take you to the furthest village in the area, Levanto. Although this is not the prettiest village in the area, its little streets are still charming. The coastal path we have chosen for you today will lead you from Monterosso to Levanto on a path much less walked than the other coastal itineraries and just as fantastic. After one hour of walking from Monterosso, you have a panoramic view point within the protected area of the "Punta Mesco" - do not forget your camera! On the path to Levanto, take five minutes to rest and taste the local wine.  
About 3H15. +200m, -200m.



#### **Day 7 - End of stay**

Your holiday is over after breakfast. Feel free to ask us at the time of booking if you would like to have a longer holiday with additional walking routes or simply extra time to relax in the Cinque Terre!





## Additional information

### TARIFFS

Price from 775 euros per person.

### OPTIONS

Supplement for single room : 310 euros per person.

### INCLUDED

Route notes and maps, nights in a three star hotel in Riomaggiore double rooms with breakfast, pass train for 5 days.

### NOT INCLUDED

Transfer to the meeting point and to the drop off point, meals, transfers not planned in the program, insurances, drinks, visits, optional activities and personal expenses.

### LEVEL OF DIFFICULTY

Open to everyone in a good physical condition and able to walk about 5 hours a day with steep paths. We can also propose a wider range of hikes including easier itineraries.

### ACCOMMODATION

Three star hotel in the village of Riomaggiore. Double or twin room included with breakfast.

### SIZE OF GROUP

From 2.

### DEPARTURES

Everyday from the beginning of March to the end of November.

### DEPARTURE

Riomaggiore

### DISPERSION

Riomaggiore