



From the Gulf of Orosei to the Ogliastra

7 days / 6 nights

A wonderful week of walking in the stunning east coast region of Sardinia. Starting in Cala Gonone, you will get to visit the most beautiful beaches in the region, including Cala Fuili, Cala Luna and Cala Goloritze. Heading inland, the historically and geographically fascinating sites of the Gorropu Gorge and the archaeological site of Tiscali within the Supramonte, will not disappoint. This is a magnificent itinerary in the most beautiful areas of Sardinia.

YOUR PROGRAM

Day 1 - The Gulf of Orosei

Fly in to Olbia (or speak to us about your arrangements for getting to Sardinia), before picking up a hire car and driving to Cala Gonone, where you can settle into your hotel on the coast.

Day 2 - One of the most beautiful coves on the coast, Cala di Luna

This is a superb coastal footpath from Cala Fuili beach to Cala Luna. The shady footpath is a joy to take and the views down towards Cala Luna are simply wonderful. There is a restaurant (check opening times) at the end of the walk, and we highly recommend that you take the boat back along the coast to Cala Gonone to see the magnificent coastline, cliffs and caves.

Height gain/loss: +153m, -180m.

Duration: 1h45 one way or 3h15 for the round trip

Night in a hotel in Cala Gonone



Day 3 - The Gorroppu gorge

One of the most impressive gorges in Europe, the Gorropu gorge is well worth the walk to get there! After breakfast, there is a short drive down into the beautiful, rural Dorgali valley. Stop in the valley (perhaps on the way back) to enjoy some wine



tasting, of the much celebrated Sardinian Cannonau. On the walk, there are several places where it is possible to bathe in the crystal clear waters of the river before reaching the gorge. Once at the gorge, enjoy the almighty vertical walls of rock that loom over you as you scramble from one impressively big and impressively smooth boulder to another.

Height gain / loss: +665m, -665m.

Duration: 4h00 approximately.

Night in a hotel in Cala Gonone

Day 4 - Tiscali, the hidden nuragic village

In the Lainato valley, in the foothills of the Supramonte plateau, lies a remarkable archaeological site. A doline, created by the collapse of a cave, shelters the Nuragic village of Tiscali: a unique and magical place hidden in the middle of the wilderness. This is a delightful and intriguing walk. An initial climb rewards you with a footpath through an ancient, wooded valley, until a further climb takes you to the extraordinary site of Tiscali, with ruins dating back to the Bronze age as well as evidence that the same village was then used in Roman times.

Height gain / loss: +578m, -578m.

Duration: Approximately 4 hours.

Night in a hotel in Cala Gonone



Day 5 - Pedra Longa and the sheepfold

Today, we recommend a wonderful walk along a coastal path high up above the sea. Lunch at the restaurant at Pedra Longa is advised before or after your walk. From there, take the coastal path that will lead you to a shepherd, whose sheep and goats spend their days happily grazing amongst the maquis scrub that clings dramatically upon this wild stretch of coast. The shepherd will be very willing to sell you his cheese (when in season), before you head back along the coast admiring the stunning views.

Height gain/loss: +410m, -410m



Duration: Approximately 2h00.

Night in a hotel in Baunei

Day 6 - The hidden beach at Cala Goloritze

A steep drive up from the village and suddenly you're on the top of a beautiful plateau surrounded by nature. The small road takes you off the beaten track to the beginning of the walk. The white coloured rock contrasts sharply with the vivid green of the maquis and the deep earthy colours of the holm oaks. Many rock formations make natural caves and shelters for shepherds and their animals. The long (but easy) descent is suddenly rewarded by the hidden beach and a huge stack of a rock formation that reaches high into the sky. A superb walk with a view and a beach only for those who have made the effort to walk there!

Height gain/loss: +580m, -580m

Duration: 4h00.

Night in a hotel in Baunei

Day 7 - Baunei - Olbia

End of your holiday. Drive back to Olbia for your flight home.

Distance: 140 km.

Duration: 2h30-3h00

Additional information

TARIFFS

Price from 640 euros per person.

OPTIONS

Single room supplement : 70 euros per person.

Departures in July / August / September : 130 euros per person.

INCLUDED

Nights in 3 star hotels in a double room

Breakfast

Route notes

Car rental (Clio or similar)

NOT INCLUDED



The flight or ferry to get to Sardinia
Lunches and evening meals
Entrance fees to tourist sites
Drinks
Petrol, fines, insurance, for the car hire
Personal expenses
Anything not included in the price as described.

LEVEL OF DIFFICULTY

Accessible to anyone in good physical condition.

CARRYING

Day pack for personal items

ACCOMMODATION

Comfortable three star hotel (in double or twin rooms)

SIZE OF GROUP

From two people.

DEPARTURES

From the beginning of April to the end of November.

DEPARTURE

Cala Gonone

DISPERSION

Baunei

SAFETY INSTRUCTIONS

On your walks, take sufficient water.