



## Mare e Monti North: Galéria - Piana

6 days / 5 nights

This tour is an adapted version of the Mare e Monti North, one of Corsica's most famous walking routes.

Our team has chosen beautiful coastal walks and comfortable accommodation to give you the best possible holiday. While you hike through forests and maquis shrublands, you will have several opportunities to swim in the crystal-clear waters of the island's natural pools. With this Mare e Monti trip, you will have all the right ingredients for an unforgettable holiday!

### YOUR PROGRAM

#### Day 1 - Galeria

Your trip will begin in Galeria, a village accessible by bus or taxi from Calvi. Please contact us for fares and timetables.



#### Day 2 - From Galeria to Girolata

Today's stage will take you past the Scandola Natural Reserve, a site which has been inscribed on the UNESCO World Heritage List. The beautiful coves, turquoise waters and the differently shaped rock formations will offer you truly unique landscapes. The enchanting little village of Girolata is only accessible on foot or by boat, and is a heavenly place for hikers, once the boats leave for the day. You will be able to go for a swim in majestic coves and enjoy eating freshly caught fish for dinner, in a restaurant next to the beach.

Approximate walking time: 5h00.

Distance : 11km.

Altitude gain & loss: +900m, -900m.



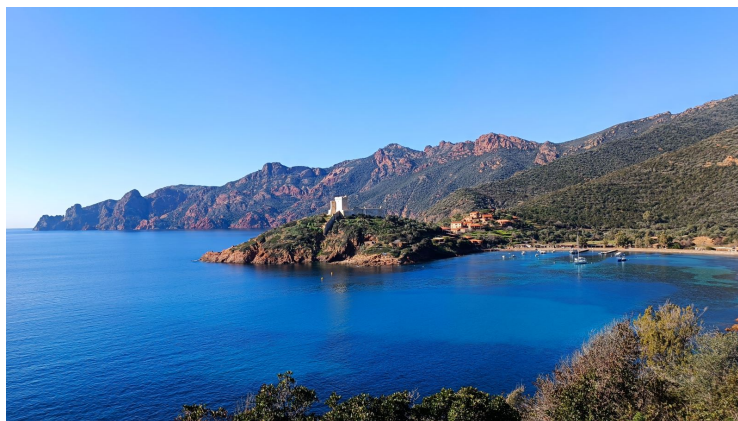
### **Day 3 - From Girolata to Serriera**

As you walk along a coastline path called the 'sentier du Facteur Guy', the path will offer you great panoramic views. You will follow a lesser trodden path, beach to beach from Col de la Croix, that skirts around the coast (short section on the road midway). Night in a hotel by the beach in Serriera.

Approximate Walking Time: 5h30.

Distance: 13 km

Altitude Gain & Loss: + 900 m / - 725 mm.



### **Day 4 - From Serriera to Porto**

Your journey will take you to the turquoise waters of the Gulf of Porto. You will cross a river and discover the now desolate village of Pinetu. You will also be able to discover the beach of Bussaglia, which has often been described as the most beautiful beach in the Gulf of Porto. Finally, you will end today's walk by stopping in Porto's famous port for the night.

Dinner at your own expense. Night in a hotel in Porto.

Approximate walking time: 4h00.

Distance: 10km.





Altitude gain & loss: +850m, -900mm.



#### **Day 5 - From Porto to Piana**

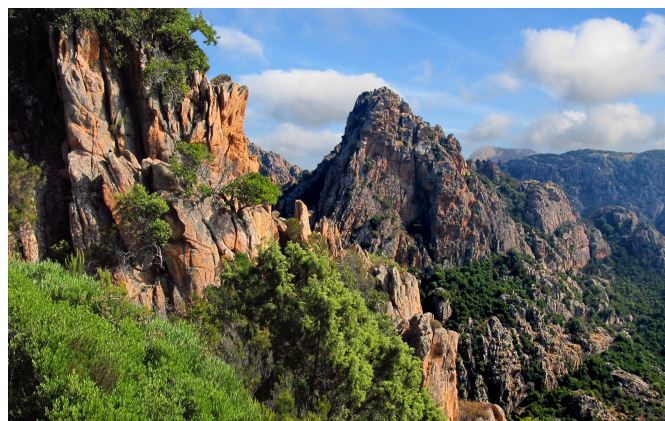
Today, you will walk through the majestic Calanches de Piana, a UNESCO World Heritage Site. During your hike, you will be able to enjoy stunning panoramic views, either taking a trail through the woods or the road through the Calanches. You will the path will then climb a path on the hilltops of the Calanches and reach Piana, one of the most beautiful villages in France.

Dinner at your own expense. Night in Piana.

Approximate walking time: 4h00.

Distance: 11km.

Altitude gain & loss: +869m, -689m.



#### **Day 6 - Your trip ends here**

Your trip ends after breakfast. Possible transfer to Calvi, Porto or Ajaccio. Or buses available from Piana to Ajaccio - please ask for details).



## Additional information

### TARIFFS

Price from 785 euros per person.

### OPTIONS

Supplement for 2 nights in double or twin bedrooms : 45 euros per person.

### INCLUDED

2 evening meals , breakfasts, 2 nights in gîtes (shared bedrooms) and 3 in hotels (Porto and Piana), luggage transfers (except in Girolata), route notes and maps on our app (a smartphone is required), local assistance.

### NOT INCLUDED

Transport options to the meeting point and from the point of dispersal, transfers which are not included in the tour, personal travel insurance, luggage transfers in Girolata, beverages, visits of tourist sites, optional activities which are not included in the tour, personal expenses.

### LEVEL OF DIFFICULTY

You will need to be in good physical condition and used to walking.

Walking: from 3h30 to 6h00 a day.

### CARRYING

Luggage transfers by vehicle except for your night in Girolata, where you will need to take your luggage with you. On other days though, you will only need to take your day bags with you (for picnics, water, cameras etc.).

### ACCOMMODATION

In gîtes (shared bedrooms) and 3 in hotels - Double rooms.

### SIZE OF GROUP

From 2.

### DEPARTURES

Every day from mid-April to the end of September.

### DEPARTURE

Galeria.

### DISPERSION

Piana.

### HOW TO GET THERE

Galeria is accessible by taxi or by bus. Please contact us for more details about timetables and fares.

### EQUIPMENT TO TAKE

- A good pair of walking boots (ones that you have used before), with ankle support and non-slip soles.



- Good quality walking socks
- A comfortable rucksack (either for all of your kit or as a day sack) with plenty of plastic bags to keep your kit dry.
- If you are having your luggage transferred, please make sure that you have only one bag for the transfers, with a maximum weight of 15 kilos. It should be an easily transportable soft bag or with wheels.
- T-shirt and shorts (depending upon the likely weather)
- Light trekking trousers (not jeans)
- It is good to be able to 'layer' your clothes – with several light tops (for protection against cold, wind or sun)
- A warm sweater, polar or fleece. Beanie, gloves.
- Waterproofs – such as an anorak (Gore-tex or micro pore for example) or poncho.
- A bathing suit and towel
- Sandals or flip flops for beaches, river wading, or for wearing in the evening (it's important to be able to rest your feet from your walking boots)
- Sun cream plus sunglasses and a hat or cap
- A change of clothes
- For the picnics, you will need a small Tupperware box (for stews or salads), a plastic mug, a knife and fork. A Swiss Army knife or a pen knife is optional but can be very useful.
- Walking poles can be very useful to take the weight off the knees and to steady yourself on uneven terrain.
- A water bottle (at least one). It is preferable that you should be able to carry at least 2 litres of water at any one time.
- Camera and film, or batteries and memory cards for digital ones.
- A light torch (with spare battery)
- A small first aid kit possibly including: Rehydration salts to combat dehydration or fatigue, something for cuts, sprains, blisters, breaks, burns, stings, and pain relief. Please remember any personal medication that you may need.
- Wash bag, including: toothbrush, toothpaste, towel, toilet paper. Preferably a biodegradable soap for washing fruit, washing yourself and for washing clothes (it is possible to buy a multi-purpose biodegradable soap). Earplugs can also be useful if you are sleeping in dormitories.
- Money – make sure you have enough cash on you for your trek (in Euros), as it is unlikely that you will be able to use a card or withdraw money if you are in the mountains.
- Maps – IGN maps of a scale and quality that allow you to see the route clearly. If you are on a self-guided tour, you will more than likely be given copies of sections of maps. These should be clear enough to guide you along the route alongside the route notes, but we strongly recommend that you have the correct maps for the area of your walk. Please contact us if you need advice.
- A compass – but make sure you are able to read it before starting on your trek
- Mobile phone and charger (it may not always be possible to get a signal or to charge it, but it can be very helpful in many circumstances).
- Snacks (such as energy bars, dried fruit).
- If you are a vegetarian, we suggest you bring a good supply of nuts or other foods containing protein. It is not always possible to get a good balanced meal, particularly in the more remote places in the mountains.
- A waterproof plastic pouch in which to put your trip documents, identity papers and insurance documents.

## IMPORTANT INFORMATION

Warning! Temperatures can be quite high on this particular route during summer.





Remember to take sleeping bags with you for the nights in shared bedrooms.