



From the Apennine Mountains to Pisa, via Florence – luxury version

8 days/ 7 nights

Plunge into the heart of Tuscany, one of the most beautiful regions in Italy!

This trip has been carefully designed to ensure that you see and discover every single spot that this particular part of Italy has to offer.

With this fantastic itinerary, you will cycle through five stunningly beautiful areas while enjoying the comfort of your saddle. Starting from the Apennine Mountains, the most important chain of mountains in Italy, this trip will take you to the plains and great historical towns and cities of this region, including Pistoia, Florence and Pisa.

So, embark on this wonderful cycling adventure to experience the real Dolce Vita!

[Prepare your trip](#)

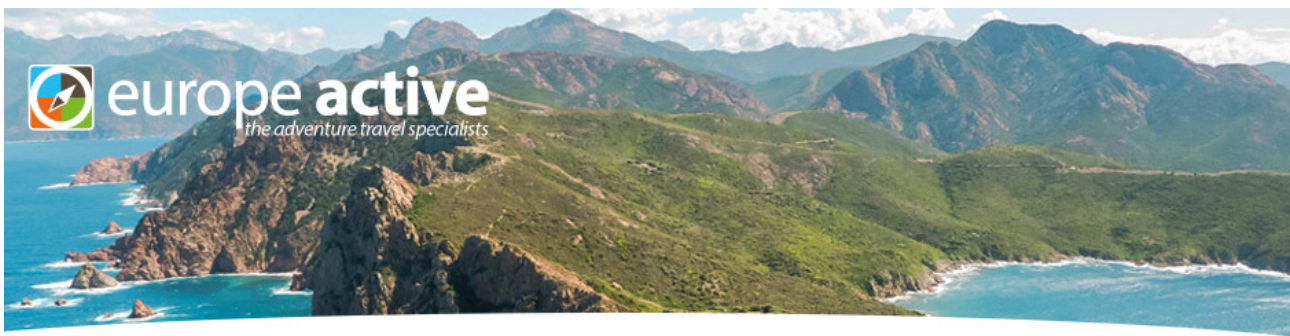
YOUR PROGRAM

Day 1 - Arriving in Lucca

Following an optional pick up from the airport or train station (contact us for more details), you will be able to relax and settle into your hotel in the afternoon. Spend the rest of the afternoon and evening enjoying the centre of Lucca, a town famous for its intact Renaissance-era city walls. Many travellers return to Lucca time and time again to enjoy getting lost in its ancient winding streets. You will also have the opportunity to visit the Piazza dell'Anfiteatro and climb to the top of the Guinigi tower to enjoy its hanging garden and the superb views over Lucca.

Night in a 3 star hotel in Lucca.





Day 2 - The Apennines - Part 1

Start your great Italian cycling adventure and ride north of Lucca to the Apennine mountains with two different options:

Option 1: Leave Lucca from the east and ride at the foot of the Lucchese Mountains before starting a slow ascent for about 20km. After reaching the summit (746m), just enjoy the swooping descent towards your hotel.

Distance: approximately 40km.

Height gain: +766m.

Option 2 (hardest option): Leave Lucca directly and climb up the plateau of Pizzome which culminates at 900m (there are many beautiful views of Lucca during this climb). Next, you will cycle down the neighbouring valley and ride through small villages before your last climb. A long descent will then take you to your hotel.

Distance: approximately 50km.

Height gain: +1400m.

Night in a 3 star hotel.



Day 3 - The Apennines - Part 2

For this third day, you will cycle east on a quiet little road, following the Lima canyon. Pedal your way gently through the surrounding Tuscan countryside, before climbing 963m, which will be the highest point of your day. Enjoy the 20km descent towards Pistoia, which is a well-preserved and charming medieval city.

Distance: approximately 50km.



Height gain: +1000m.

Night in a 4 star hotel in Pistoia.



Day 4 - Florence

What trip to Tuscany would be complete without visiting the UNESCO World Heritage Site of Florence?

Making your way from Pistoia, you will follow the mountains to Florence on a flat and easy route, giving you time to enjoy the city.

Distance: 40km.

Height gain: +60m.

Night in Florence in a 3 star hotel in the centre of town.





Day 5 - Leonardo da Vinci

Option 1: Pedalling in a westerly direction, you will be able to enjoy a nice flat ride before you start your 4km climb. You will then reach 'Montelupo Fiorentino', follow hillside roads for 15km and finish with a small 2km climb.

Distance: 40km.

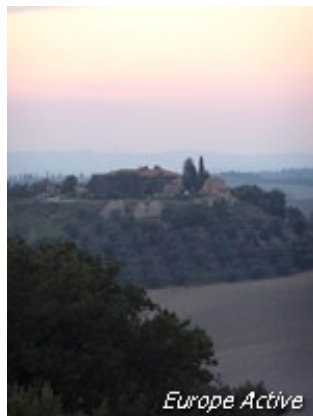
Height gain: +350m.

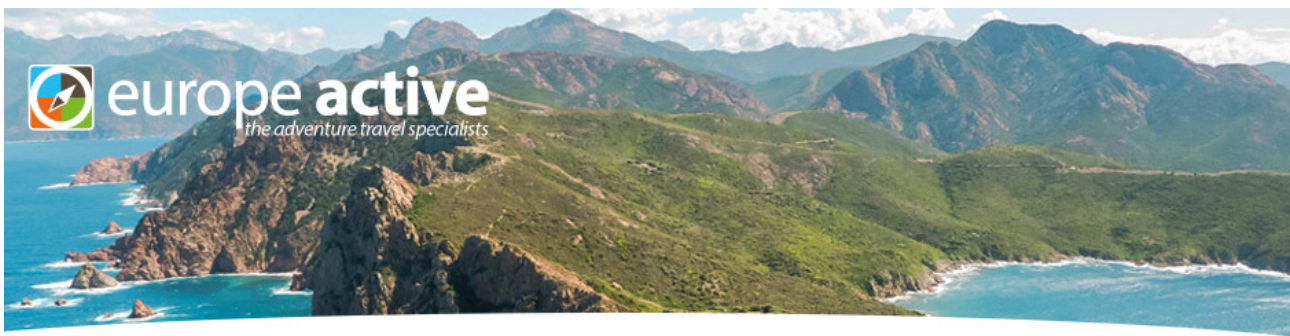
Option 2: Leaving the urban beauty of Florence, your trusty wheels will guide you into rural surroundings, where vineyards and olive groves dominate the landscape. Pedal your way up the next 7km to reach 420m before enjoying your beautiful descent to Vinci. Continue onto the house of the master himself, Leonardo da Vinci. This superb ride ends on a quiet road surrounded by vineyards. After crossing the river Arno, a 2km climb will enable you to reach your destination.

Distance: approximately 55km.

Height gain: +720m.

Night in a 3 star hotel in a pretty village.





Day 6 - Pisa and its tower!

Option 1: After cycling through Tuscan villages, and enjoying the scenery, you will reach Pisa known for its 'Piazza dei Miracoli' and, of course, the leaning tower. After a spot of sightseeing, pedal your way around the Monte Serra (culminating at 917m) before enjoying an easy ride back to your hotel.

Distance: approximately 45km.

Height gain: +220m.

Option 2: With this second option, you won't skirt around the Monte Serra, but enjoy a direct ascent! After a 10km climb, you will have the chance to enjoy panoramic views over sublime landscapes. Treat yourself to a swooping descent of 15km to the town of Pisa.

Distance: approximately 55km.

Height gain: 860m.

Night in a 4 star hotel near the centre of town.





Day 7 - Lucca

For your last cycling day, you will have the possibility to choose a short ride so that you have time to enjoy Lucca a bit more or to ride the Monte Serra, if you are still feeling strong in the legs.

Option 1: Leave Pisa in a north-westerly direction and cycle around the mountains separating Pisa from Lucca. This is the last road of the day – enjoy it!

Distance: approximately 25km.

Height gain: +110m.

Option 2: After starting today's ride on the same road as option 2 from the previous day, you will turn left after Titicella in order to start your ascent to the summit of Monte Serra. The views are definitely worth the effort! You will also be able to enjoy a 12km descent to Lucca. For your last evening, we advise you to enjoy one of the best Lucchese restaurants. A guaranteed success!

Night in a 3 star hotel near the centre of town.

Distance: approximately 45km.

Height gain: +850m.



Day 8 - Your trip ends here

After your breakfast, there is an optional 20km ride to work off some of that fabulous food!

Please contact us if you would like a transfer to the airport or train station.



Additional information

TARIFFS

Price from 989 euros per person.

OPTIONS



Renting a road bike : 170 euros per person.

Renting a hybrid bicycle : 80 euros per person.

Supplement for single bedrooms : 100 euros per person.

No luggage transfers included : -200 euros per person.

Discount for 4 people (with luggage transfers) : -150 euros per person.

GPS tracks on USB stick : 25 euros per person.

INCLUDED

Luggage transfers, accommodation and breakfasts, information package with maps and road-books.

NOT INCLUDED

Transport options to the meeting point and from the point of dispersal, transfers which are not included in the tour, personal travel insurance, meals and beverages, bike rental, visits of tourist sites, optional activities which are not included in the tour, personal expenses.

LEVEL OF DIFFICULTY

Easy. Accessible to everyone.

CARRYING

Luggage transfers by vehicle. You will only need to carry items that you wish to have available during the ride (camera, wallet etc). You will also have the possibility to store your bags and bike bags in Lucca.

ACCOMMODATION

Nights in 3 and 4 star hotels (double or twin bedrooms). A 2 and 3 star hotel version of this trip is also available on our website.

SIZE OF GROUP

From 2.

DEPARTURES

Every day from the beginning of March to the end of October.

DEPARTURE

Your hotel in Lucca. We can also organise an airport pick-up service.

DISPERSION

Day 8, after breakfast in Lucca. Possible transfer to the airport.

HOW TO GET THERE

By train from Pisa airport (every 30 minutes):

Cost: 6.30 €

Time: 45/50 minutes by train, count 1 hour in all

Take the train to Pisa-Centrale at the exit of the airport

Change to Central for a train to Lucca.

By motorbike from Nice: 350km, 4 hours (cost of tolls: 30€).