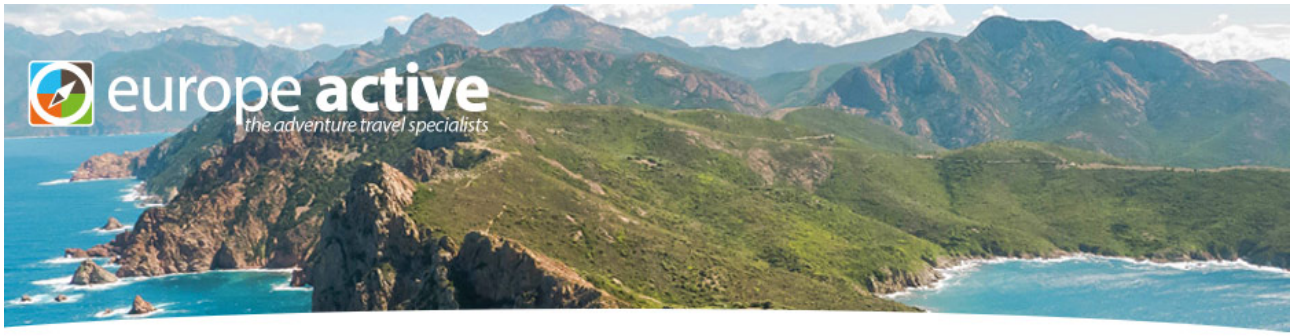


Paths of Cap Corsica

7 days / 6 nights

At the top of the island, the "customs path" marks the border between land and sea. Genoese towers and crystal clear waters mark out this hiking route, which links these delightful villages together. The scent of the maquis and wild flowers give this landscape a special, colourful note. A journey to stop time, take a break and coast and hills in the heart of nature in a wild and uniquely preserved area of Corsica.

YOUR PROGRAMME

Day 1 - Bastia to Macinaggio

After arriving in Bastia we transfer you to the harbour at Macinaggio at the top of the Cap Corse. Your hike starts in Macinaggio, at the north-eastern tip of the island. It is a pleasant place with restaurants and a very good ice cream parlour near the harbour and a long white sandy beach, ideal for a dip, nothing like it before starting your Corsican walking holiday.

Night in a 3* hotel in Macinaggio on B&B basis



Day 2 - Macinaggio to Barcaggio

A lovely coastal walk on the "customs officers path" around the top of the Cap Corse. Walk passing small secret coves, turquoise waters and an intoxicating atmosphere of wild maquis and countless opportunities for swimming not to mention a stop at the superb Genoese tower of Santa Maria. Your evening will be in a tiny little port of Barcaggio just opposite the island of Giraglia.

About 13 km, 4h30, +220 m, -220 m.
Night in a hotel in Barcaggio on B&B basis.

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Day 3 - Barcaggio to Centuri

Turquoise waters and Genoese towers accompany you to Centuri, one of the most beautiful ports in the region. The hike will take you over more challenging rocky stretches of the coast on lesser trodden paths, into a more limestone landscape of the West Coast. Your evening stop, Centuri is known for its lobsters, so treat yourself to some freshly caught seafood with a view of the charming little port.

About 11 km, 4h30, + 500 m, - 500 m.
Night in a 3* hotel in Centuri on B&B basis



Day 4 - Centuri to Sénèque

A change of walking today and the serious hiking begins. Today's stage will take you along the ridge path of the Serra massif, which rises to a mighty 1322m (about 3000ft). You will pass by ancient ruins that take you back to in time and offer exceptional views. Finally, you will reach the foot of the Tour de Sénèque where you will settle into a charming chambre d'hotes in time for

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dinner.

About 14,5 km, 6h30, +900 m, -500 m.
Night in a chambres d'hôtes at Sénèque on HB basis.



Day 5 - Sénèque to Canari

Starting at the Tour de Sénèque you will today have a unique panorama over both sides of the island. With your picnic in the rucksack, the ridge walk climbs to the menhir at Pinzu a Vergine, then drops passing the Petricaghjola bergeries and on towards the charming village of Canari at the end of the day, enjoy a panoramic sunset from the bell tower square.

About 15 km, 6h30, +750 m, -730 m.
Night in a 2* hotel restaurant in Canari on B&B basis.

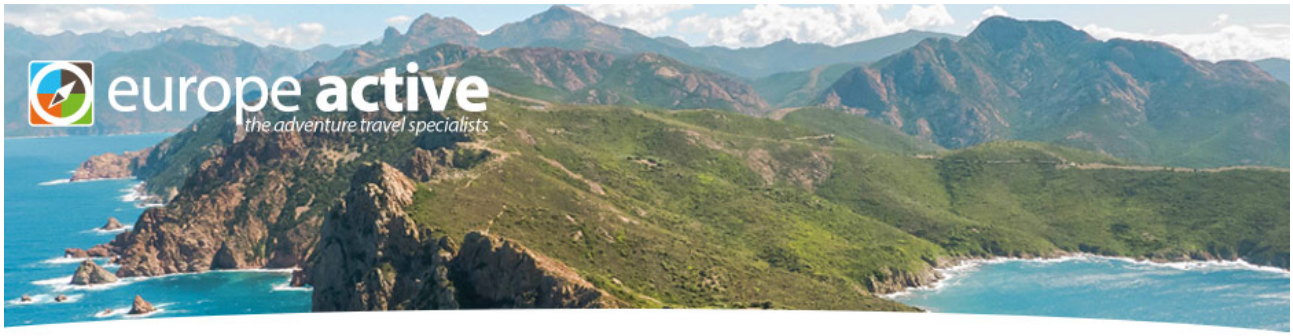


Day 6 - Canari to Nonza and on to Saint Florent

This final stage takes you off the ridge trail via old mule tracks. Again another panoramic path awaits before you drop down to the village of Ogliastro before a shaded walk to the village of Nonza, a medieval village perched on a vertical cliff a hundred metres high, overlooking the sea and black pebble beach... We transfer you at the end of the day to the seaside town of

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Saint-Florent.

About 15 km, 6h00, +700m, -900m.
Night in a 3* hotel in Saint Florent on B&B basis.



Day 7 - St Florent to Bastia

End of the stay after your breakfast and a transfer to Bastia. Extra nights available in St Florent or Bastia. Please ask for details.



Additional information

TARIFFS

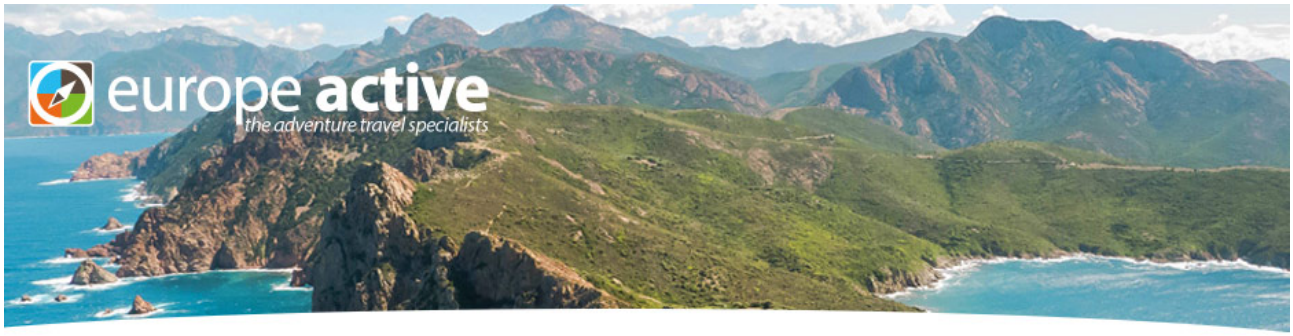
Price from 1160 euros per person.

OPTIONS

Single room : 320 euros per person.

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July & September departure : 120 euros per person.
August departure : 230 euros per person.

INCLUDED
Accommodation in 2*/3* hotels and guesthouses
Breakfasts
1 dinner (Day 4) + 1 picnic (Day 5)
Luggage transfers point to point
Transfer from Bastia to Macinaggio on Day 1
Transfer at the end of the hike in Nonza to St Florent on Day 6
Transfer from Saint Florent to Bastia on Day 7
Route descriptions and maps on our application (a smartphone is required).

NOT INCLUDED
Insurance
Transfers not included in the program
Dinners and lunches not included in the program
Site visits

LEVEL OF DIFFICULTY
Moderate – for those who can walk between 4 and 6.5 hours on well-marked paths.

LUGGAGE
Luggage is transferred point to point by vehicle. Day pack only.

ACCOMMODATION
Accommodation in 2*/3* hotels and chambres d'hôtes - double rooms

SIZE OF GROUP
From 2

DEPARTURES
Any day from May until October.

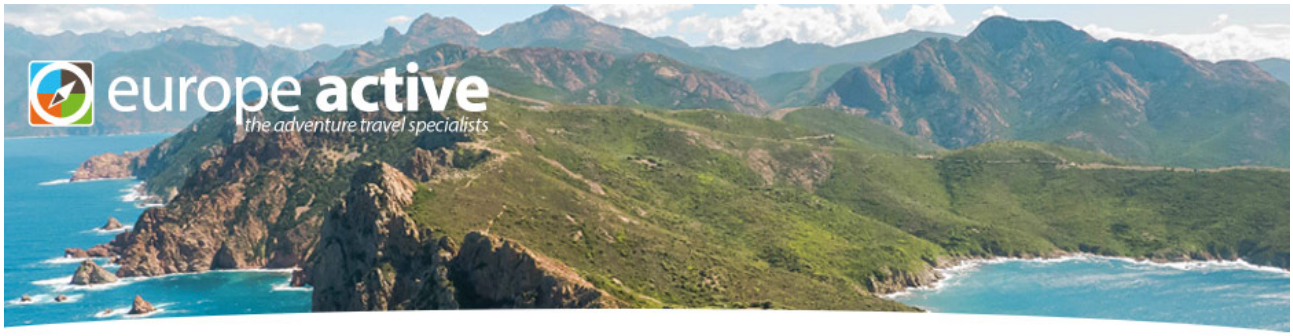
DEPARTURE
Bastia

DISPERSION
Bastia

HOW TO GET THERE
Bastia is reachable by plane from several European cities depending on the time of year with Air France, Air Corsica but also Easyjet, Volotea or Ryanair.

By sea, Bastia is reachable with the compagnies : Corsica Ferries, Corsica Linea or La Méridionale.
Corsica ferries: http://www.corsica-ferries.co.uk/?gclid=CLyF3O_TvroCFa-WtAodlScA5A

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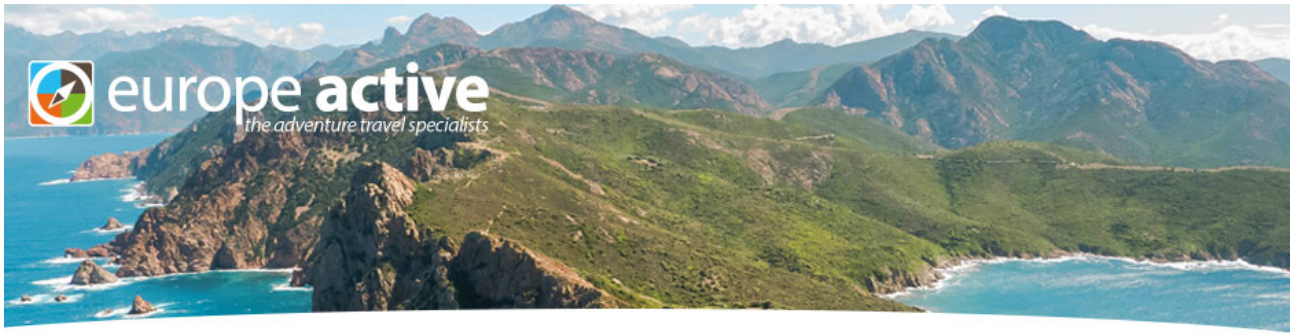
Corsica Linea: https://www.corsicalinea.com/
La Méridionale: http://www.lameridionale.fr

From this city all access is possible by bus and train.

EQUIPMENT TO TAKE

• A good pair of walking boots (ones that you have used before), with ankle support and non-slip soles.
• Good quality walking socks
• A comfortable rucksack (either for all of your kit or as a day sack) with plenty of plastic bags to keep your kit dry.
• If you are having your luggage transferred, please make sure that you have only one bag for the transfers, with a maximum weight of 15 kilos. It should be an easily transportable soft bag or with wheels.
• T-shirt and shorts (depending upon the likely weather)
• Light trekking trousers (not jeans)
• It is good to be able to 'layer' your clothes – with several light tops (for protection against cold, wind or sun)
• A warm sweater, polar or fleece. Beanie, gloves.
• Waterproofs – such as an anorak (Gore-tex or micro pore for example) or poncho.
• A bathing suit and towel
• Sandals or flip flops for beaches, river wading, or for wearing in the evening (it's important to be able to rest your feet from your walking boots)
• Sun cream plus sunglasses and a hat or cap
• A change of clothes
• For the picnics, you will need a small Tupperware box (for stews or salads), a plastic mug, a knife and fork. A Swiss Army knife or a pen knife is optional but can be very useful.
• Walking poles can be very useful to take the weight off the knees and to steady yourself on uneven terrain.
• A water bottle (at least one). It is preferable that you should be able to carry at least 2 litres of water at any one time.
• Camera and film, or batteries and memory cards for digital ones.
• A light torch (with spare battery)
• A small first aid kit possibly including: Rehydration salts to combat dehydration or fatigue, something for cuts, sprains, blisters, breaks, burns, stings, and pain relief. Please remember any personal medication that you may need.
• Wash bag, including: toothbrush, toothpaste, towel, toilet paper. Preferably a biodegradable soap for washing fruit, washing yourself and for washing clothes (it is possible to buy a multi-purpose biodegradable soap). Earplugs can also be useful if you are sleeping in dormitories.
• Money – make sure you have enough cash on you for your trek (in Euros), as it is unlikely that you will be able to use a card or withdraw money if you are in the mountains.
• Maps – IGN maps of a scale and quality that allow you to see the route clearly. If you are on a self-guided tour, you will more than likely be given copies of sections of maps. These should be clear enough to guide you along the route alongside the route notes, but we strongly recommend that you have the correct maps for the area of your walk. Please contact us if you need advice.
• A compass – but make sure you are able to read it before starting on your trek
• Mobile phone and charger (it may not always be possible to get a signal or to charge it, but it can be very helpful in many circumstances).
• Snacks (such as energy bars, dried fruit).

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• If you are a vegetarian, we suggest you bring a good supply of nuts or other foods containing protein. It is not always possible to get a good balanced meal, particularly in the more remote places in the mountains.
• A waterproof plastic pouch in which to put your trip documents, identity papers and insurance documents.

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